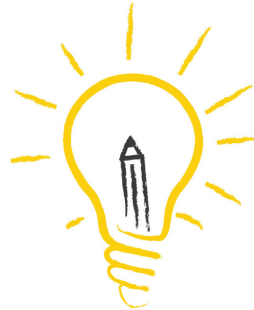


Your 1:1 coaching package entitles you to;



- 6 x 1-hour coaching sessions within a 6 month period. Sessions take place over Zoom. They are then recorded and uploaded to your personal portal, so you can re-watch as needed.
- Written targets, programs and strategies so that you can be clear on what needs to be done and when after each sessions.
- 4 weekly emails – great for quick questions about homework tasks, school meetings, home school planning etc.
- Access to our parents' group where you can ask questions and access videos, tips and information.
- Access to group coaching sessions. As a 1:1 client, you will have priority to have your questions answered first in those sessions. Meet other parents experiencing the same challenges.